# Describing impact in your application

The Application for Redress has three parts:

Part 1: Your personal information

Part 2: Your experience of sexual abuse

Part 3: The impact sexual abuse has had across your life

In Part 3 you will be asked to describe the impact that the abuse has had across your life. We acknowledge that this can be challenging. The National Redress Scheme (the Scheme) needs to collect this information to use in considering what redress may be offered to you.

The Application for Redress has two options for how you can describe the impact.

1. You can circle relevant words and phrases from a list. An example of the list is below.
2. You can write a short statement.

You can choose one, or both of these ways.

|  |  |  |
| --- | --- | --- |
| Education  Shame  Fertility  Home life  Opportunities  Wellbeing  Potential  Confidence  Hospitalisation from injury  Sense of self | Relationships  Sleep  Permanent physical disability  Ability to trust others  Cultural heritage  Faith  Parenting  Sexuality  Friendships  Housing and homelessness | Emotions  Mental health  Use of drugs and alcohol  Sexual health  Physical health  Financial security  Life choices  Family  Work |

## What information will be shared with institutions?

Information in your Application for Redress is protected under the Scheme’s legislation. There are strict rules about how the information in your Application for Redress can be shared and used. To find out more detail about this please refer to the *Using and Protecting Your Information* fact sheet.

The Scheme will share some information from your Application for Redress with the relevant institutions. Part 3 of an application will not be shared with a responsible institution unless you indicate that you want the Scheme to provide it to the relevant institutions.

Institutions are required by law to ensure personal information is secure at all times, and that only those people who need to see or use certain information will have access to it. The penalty for misusing protected information is imprisonment for two years or a fine of $25,200, or both.

## How can I get support and more information?

Free, confidential specialist support services are available before, during and after the application process.

To find out **how to apply** and connect with a free **Redress Support Service**, please go to [**nationalredress.gov.au**](https://www.nationalredress.gov.au) or call the National Redress Scheme on **1800 737 377** Monday to Friday 8am to 5pm AET, excluding public holidays – charges may apply.

For immediate support, contact:

* [Beyond Blue](https://www.beyondblue.org.au/) 1300 22 4636
* [Lifeline](https://www.lifeline.org.au/) 13 11 14
* [1800 Respect](https://www.1800respect.org.au/) 1800 737 732
* [Suicide Call Back Service](https://www.suicidecallbackservice.org.au/) 1300 659 467
* [Mensline](https://mensline.org.au/) 1300 78 99 78
* In an emergency call Triple Zero (000)