**National Redress Scheme**

**First Nations Case Study Video – Mark**

**00:00:00**

This video is about the National Redress Scheme for people who have experienced institutional child sexual abuse.

**00:00:07**

Watching this could bring up bad memories.

**00:00:09**

It can be helpful to talk to someone if this happens to you.

**00:00:14**

Support is available from Redress Support Services who understand culture and will keep things private.

**00:00:20**

To find out more, call 1800 737 377.

**00:00:31**

When I was eight years old, I was taken and placed in the mission with all the other little Noongar kids.

**00:00:38**

I got out in 1967, February 1967.

**00:00:43**

My name's Mark.

**00:00:44**

I'm from a little town down south called Boyup Brook in Kaniyang Country in the South West of WA.

**Caption:** Mark was placed in an institution as a young boy. During his time there he was abused.

**00:00:59**

My life was upside down.

**00:01:02**

Some days I'd be good, some days I wouldn't.

**00:01:04**

The repercussions of what I lived with after the mission days, I just thought, how can I turn my life around?

**Graphic:** Mark applied to the National Redress Scheme so his experiences could be acknowledged, and he could get support.

**00:01:16**

I picked up the Redress Scheme through talking to my people.

**00:01:20**

Told me where to go if you're not feeling right.

**00:01:23**

Go in and see the people at Yorgum in town.

**00:01:26**

If you need help, they'll give you help.

**00:01:29**

The redress service, they provided courses which were run through Yorgum.

**00:01:36**

You'd talk your problems out, sort out any issues that you had, and anything that was holding you down.

**00:01:44**

I was introduced to a counsellor, his name was Richard, and we went in the office and I didn't feel uptight or nothing.

**00:01:55**

I just laid my story on the table.

**00:01:58**

You really felt good.

**00:02:00**

Felt like you could talk, like you're talking to a mate.

**00:02:04**

It helped me a lot to just realign myself, my mind, and get on with everyday life,

**00:02:11**

especially my family, and to help other people that were searching for an answer to redress.

**Graphic:** Mark received a redress payment, an apology and counselling. This is how the institution was held accountable.

**00:02:25**

It didn't take too long, and I accepted what I got and that was it.

**00:02:31**

I wasn't going to let anything worry me anymore.

**00:02:33**

It's not so much the money, it's how you feel inside, how you feel as a person.

**00:02:40**

You felt real good, you felt safe, you felt like you were hungry for success.

**00:02:49**

If you're feeling down, you feel like you need a help, don't sit around and bite the bullet.

**00:02:54**

Go and see the right people, go and see your nearest redress service and they'll definitely help you.

**00:03:01**

To find out more about Redress Support Services

**00:03:03**

call 1800 737 377 from Monday to Friday, 8am to 5pm.

**00:03:10**

Or visit nationalredress.gov.au